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June 2026 *Happy Father's Day!*

Social Development- Father's Day, Kick-Off to Summer

Beginning of Summer Fun!

There will be a different theme for each week during the summer months. Summer themes begin June 1st with Pirate Week. Please refer to the activity calendar included in this newsletter for more information.



SCHOOL CLOSURE DATES:

Independence Day Friday, **July 3rd**
Staff Development Monday, **August 10th**
Monday, **September 7th** for Labor Day

Dear Parents,

Summer is going to be a lot of fun for all of our preschoolers. We are looking forward to some warm summer days with lots of special activities to keep the children engaged.

During the summer months activity calendars will be emailed out to make you aware of special themes and events the teachers have planned. Please check your calendar daily since some days may offer the option to dress in a certain color or manner (i.e., pajama day), or might request a certain item to be brought in from home (bring a teddy bear for our teddy bear picnic). The first calendar is included in this newsletter.

As summer progresses, we will begin to lose students to elementary (*please make us aware of your last day at least two weeks in advance if this pertains to you*). As space opens up, we may

begin to move some of our current preschoolers up into their new classrooms. When we are ready

and able to move your child, you will receive a letter in your parent pocket *in advance*.

As always, I welcome your input and comments. My email is diane@weecarepreschools.com and the office phone number is 858-560-0985.

Sincerely,
Diane Martine

June Birthdays!!

Solana H * Noemi O

Ms. Lara * Ms. Cassie * Ms. Karla

Drinks with Dad

We will have our Drinks with Dad event on Friday, June 19th from 3:00 p.m. to 5:00 p.m. We invite all dads to pick up their children this day. There will be a cooler of drinks and snacks for all children and father figures to choose from and enjoy. This is a great opportunity for the children to show their fathers what they like to do at school.

The Center for Parenting Education

A resource to help parents do the best job they can to raise their children

LIBRARY OF ARTICLES:: CHILD DEVELOPMENT:

MATURITY LEVELS

Often when you hear parents talking about maturity, you hear them refer to their children as being either immature or mature. Actually, maturity is not an either/or quality. It is something that children acquire over time as they learn skills and develop the capacity to deal with the complexities of life. At any given moment, children are in various phases of growth and maturity with regard to the following areas.

Physically

Can they write legibly enough to read their own writing? How adept is their eye-hand coordination? Do they have the physical skill to dress themselves? Are they large for their age? Did they begin to walk at an early age? Do they pick up the ability to ride a bike easily and early? Are their muscles developed well enough to be able to control their bowel movements?

Emotionally

How patiently can they wait for a toy that they asked for? How well can they handle the frustration of not being able to build a Lego tower? Are they able to control their anger and express it in constructive ways? How well do they handle disappointment or losing in a game?

Socially

How willing are they to share an item with a friend or sibling? How well are they able to play in large groups? How cooperative are they when playing games? How do they get along with peers?

Intellectually

How well are they able to read the instructions for a construction toy they just received? How well do they do in school? Are they mature enough to understand abstract concepts such as God, death or mathematical ideas?

Do they understand cause and effect and time concepts? How well can they relate what they are learning in school to everyday life situations?

Ethically/Morally

Are they willing to admit when they have been unkind to someone? How well do they understand the concept of helping others, or acknowledging their mistakes? How well do they understand the concept of honesty and not cheating? How well are they able to empathize with others?

Making Sense of Maturity

- **All children mature uniquely** and at their own pace in each area of development. Children may be mature in one area and immature in another. For example, children may understand the importance of giving to others in need (moral maturity) but still not be willing to share with their friends a toy they just purchased (social and emotional maturity).
- **Sometimes children's maturity in one area leads adults to expect them to be mature in other areas.** For example, if a toddler is large for his age and physically very coordinated, people might expect him to be advanced verbally and in his interactions with other children. Similarly, a child who is able to read early (intellectual maturity) may also be expected to handle frustration and disappointment (emotional maturity) with greater maturity than one would otherwise expect of a child of his age. These unrealistic expectations can lead to frustrations on the part of the adults and lowered self-esteem and frustration for the children.
- When considering whether your children are mature or not, you need to **consider each area of growth** and to what extent or degree each of your children has developed in each area.
- **True maturity occurs when children have the skills or ability to do a task and have acquired the internal motivation** to complete the task on their own. Things go smoothest when your children are both capable of and willing to complete a task. For example, if they are able to tie their shoes (capable), and they are enthusiastic about wanting to do that for themselves (motivated), they may eagerly put their shoes on each morning so that they can tie their own shoes.
- **Difficulties arise if your children have only the ability, but do not have the desire or conversely, if they have the desire, but have not yet developed the ability.** With potty learning, for example, sometimes very young children go through a short period when they are motivated to use the potty, but they are physiologically not capable of doing so. In other situations, children may be physically capable of using the toilet but they are not interested in doing so. Both components, capability and motivation, need to be in place for the achievement of potty learning.

Why is knowing this important?

One of the most important things that parents can do for their children is to determine realistic expectations for them. If parents expect too much, they can become disappointed and frustrated, children's self-esteem will be eroded, conflict may increase, and children may stop trying. If parents expect too little, less than what their children are capable of, children will not be challenged and will not meet their full potential. Being aware of your children's maturity levels in each area of development can help you to find the balance between expecting too much and expecting too little from your children.

June Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 AM: Low-Fat Yogurt & Graham Crackers</p> <p>L: Grilled cheese sandwiches, fresh fruit & milk</p> <p>PM: Apple slices & Pretzels</p>	<p>2 AM: Cinnamon Toast & Milk</p> <p>L: Mac 'N Cheese, mixed veggies, fresh fruit & milk</p> <p>PM: Goldfish Crackers & Raisins</p>	<p>3 AM: Waffles & Bananas</p> <p>L: Chicken corn dogs, green beans, fresh fruit & milk</p> <p>PM: Fresh Fruit & Snack Mix</p>	<p>4 AM: Fig Bars & Milk</p> <p>L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>	<p>5 AM: Cheerios & Milk</p> <p>L: Chicken Nuggets, mashed potatoes, mixed veggies & milk</p> <p>PM: String Cheese & Ritz Crackers</p>
<p>8 AM: Low-Fat Yogurt & Graham Crackers</p> <p>L: Mac 'N Cheese, green beans, fresh fruit & milk</p> <p>PM: Goldfish Crackers & Raisins</p>	<p>9 AM: Toasted Bagel & Cream Cheese</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit & milk</p> <p>PM: Snack Mix & Fresh Fruit</p>	<p>10 AM: Pancakes & Fresh Fruit</p> <p>DINO LUNCH : Dino nuggets, herbivore salad, fruit & milk</p> <p>PM: String Cheese & Ritz Crackers</p>	<p>11 AM: Cereal Bars & Milk</p> <p>L: Grilled cheese sandwiches, carrots, fresh fruit & milk</p> <p>PM: Pretzels & Fresh Fruit</p>	<p>12 AM: French Toast Sticks & Milk</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>
<p>15 AM: Fig Bars & Milk</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>Pm: Pita Triangles & Hummus</p>	<p>16 AM: Cinnamon Toast & Milk</p> <p>L: Chicken Noodle soup, fresh fruit, carrot sticks & milk</p> <p>PM: Pretzels & Cheese sticks</p>	<p>17 AM: Waffles & Bananas</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Snack Mix & Fresh Fruit</p>	<p>18 AM: Low-Fat Yogurt & Graham Crackers</p> <p>L: Pasta w/, marinara sauce, mixed veggies, fresh fruit & milk</p> <p>PM: String Cheese & Ritz Crackers</p>	<p>19 AM: Cheerios & Milk</p> <p>L: Bean & cheese burrito, fresh fruit & milk</p> <p>PM: Saltine Crackers & Fresh Fruit</p>
<p>22 AM: Pancakes & Fresh Fruit</p> <p>L: Turkey hot dog, tater tots, fresh fruit, & milk</p> <p>PM: String Cheese & Pretzels</p>	<p>23 AM: Toasted Bagel & Cream Cheese</p> <p>L: Fish sticks, tator tots, fresh fruit & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>	<p>24 AM: English Muffin w/ Jelly & Milk</p> <p>L: Chicken Taquitos, carrots, fresh fruit, & milk</p> <p>PM: Saltine Crackers & Sliced Cheese</p>	<p>25 AM: Cereal Bars & Milk</p> <p>L: Pasta w/marinara sauce, steamed broccoli, fresh fruit & milk</p> <p>PM: Ritz Crackers & String Cheese</p>	<p>26 AM: French Toast Sticks & Milk</p> <p>L: Cheese quesadillas, carrot sticks, fresh fruit & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>
<p>29 AM: Low-Fat Yogurt & Graham Crackers</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>PM: Pita Triangles & Hummus</p>	<p>30 AM: Cinnamon Toast & Milk</p> <p>L: Bean & cheese burrito, fresh fruit & milk</p> <p>PM: Goldfish Crackers & Raisins</p>			

June Summer Fun Calendar 2026

<p>Pirate Adventure</p> 	<p>1 Make a hat</p> 	<p>2 Walk the Plank</p>  <p>Balancing Game</p>	<p>3 Pirate tattoos</p> 	<p>4 Craft Pirate Hooks</p> 	<p>5 Popsicle Stick Pirate Crew</p> 
<p>We Dig Dinosaurs</p> 	<p>8 Dinosaurs Frozen in Ice</p> 	<p>9 Make a Fossil</p> 	<p>10 Dino Themed Lunch</p> 	<p>11 Dino Stomp Dance Party</p> 	<p>12 Show & Tell</p>  <p>Bring in a toy, book, and/or wear a Dino Shirt</p>
<p>Camping</p> 	<p>15 Campfire Craft</p> 	<p>16 S'mores Craft Activity</p> 	<p>17 Fishing Activity</p> 	<p>18 Explore Nature Activity</p> 	<p>19 Reading w/Flash lights Activity</p> 
<p>Beach, Sand, Sea Shells</p> 	<p>22 Wear Sunglasses</p> 	<p>23 Paper Plate Sea Shells</p> 	<p>24 Ocean Sensory Bins</p> 	<p>25 Build Sand Castles</p> 	<p>26 Paper Bowl Jelly Fish Craft</p> 
<p>Hooray for the USA</p> 	<p>29 Red, White, Blue Star Wreath Craft</p> 	<p>30 Popsicle Stick Uncle Sam Craft</p> 	<p>1 Candy Firework Experiment</p> 	<p>2 Wear Red, White, & Blue</p>  <p>Special Treat: Popsicle</p>	<p>3</p> 

Summer Information for Parents

- Please check your Summer Fun Calendar **daily** since some days may offer the option to dress in a certain color or manner (i.e. pajama day), or might request a certain item to be brought in from home (bring a teddy bear for our teddy bear picnic). Please label all items from home, Thank You!
- Summer is a great time to switch out your child's "extra clothes" and blanket to ones that are more appropriate for warm weather. Make sure to have a fitted crib sheet too.
- Keep an eye out for posted notices and memos.
- One of the things we will do in summer to help beat the heat is have "Spray Days." The goal is to allow the children to cool off without getting so wet that they need to change clothes. They will be encouraged to dry in the sun before going inside. If you would like for your child to participate, you may send in a small spray bottle with your child's name on it. The bottle can stay at school for the summer.

NO squirt guns please



