Monday	Tuesday	Wednesday	Thursday	Friday
2 AM: Low-Fat Yogurt & Graham Crackers L: Grilled cheese sandwiches, fresh fruit & milk PM: Apple slices & Pretzels	3 AM: Cinnamon Toast & Milk L: Mac 'N Cheese, mixed veggies, fresh fruit & milk PM: Goldfish Crackers & Raisins	4 AM: Waffles & Bananas L: Chicken corn dogs, green beans, fresh fruit & milk PM: Fresh Fruit & Snack Mix	5 AM: Fig Bars & Milk L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	6 AM: Cheerios & Milk L: Chicken Nuggets, mashed potatoes, mixed veggies & milk PM: String Cheese & Ritz Crackers
9 AM: Low-Fat Yogurt & Graham Crackers L: Mac 'N Cheese, green beans, fresh fruit & milk PM: Goldfish Crackers & Raisins	10 AM: Toasted Bagel & Cream Cheese L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Snack Mix & Fresh Fruit	11  	12 AM: Cereal Bars & Milk L: Grilled cheese sandwiches, carrots, fresh fruit & milk PM: Pretzels & Fresh Fruit	13 AM: French Toast Sticks & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: Graham Crackers & Fresh Fruit
16 AM: Fig Bars & Milk L: Cheese pizza, green beans, fresh fruit & milk Pm: Pita Triangles & Hummus	17 AM: Cinnamon Toast & Milk L: Chicken Noodle soup, fresh fruit, carrot sticks & milk PM: Pretzels & Cheese sticks	18 AM: Waffles & Bananas L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Snack Mix & Fresh Fruit	19 AM: Low-Fat Yogurt & Graham Crackers L: Pasta w/, marinara sauce, mixed veggies, fresh fruit & milk PM: String Cheese & Ritz Crackers	20 AM: Cheerios & Milk L: Bean & cheese burrito, fresh fruit & milk PM: Saltine Crackers & Fresh Fruit
23 AM: Pancakes & Fresh Fruit L: Turkey hot dog, tater tots, fresh fruit, & milk PM: String Cheese & Pretzels	24 AM: Toasted Bagel & Cream Cheese L: Fish sticks, tator tots, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	25 AM: English Muffin w/ Jelly & Milk L: Chicken Taquitos, carrots, fresh fruit, & milk PM: Saltine Crackers & Sliced Cheese	26  	27 AM: Cereal Bars & Milk L: Turkey & Cheese slices, crackers, carrot sticks, fresh fruit & milk PM: Graham Crackers & Fresh Fruit **Closed @ Noon**
30 AM: Low-Fat Yogurt & Graham Crackers L: Cheese pizza, green beans, fresh fruit & milk PM: Pita Triangles & Hummus	**BREAKFAST** is served to our early arrivals 7:00 am sharp and is over at 7:15. Cereal, fresh fruit, milk 	**AM SNACK** is another smaller breakfast and is served around 8:45. Please refer to your child's posted schedule for a more specific time.		